211 is your direct line to a community that cares.



unitedwaynela.org/211 unitedwayn<u>ela.org/211database</u>

UNITED WAY OF NORTHEAST LOUISIANA



WHAT IS 211?

211 is a **FREE**, confidential service that connects you with essential resources and services in your local community. Whether you need help with healthcare, housing, food, or just someone to talk to, **211 is here for you, 24/7**.

Call 211 to find out what help is available in your area!



CONTACT US:



CALL US

Dial 211 on your phone Available 24/7, 365 days a year



TEXT US

Text your **Zip Code** to **898-211** Available Monday - Friday 8 A.M. - 5 P.M.



VIST OUR DATABASE

Scan the QR Code Available 24/7, 365 days a year



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OUR SERVICE

How can 211 help you?

HEALTH AND WELLNESS:

Find local clinics, get help with prescriptions, and connect with support for managing ongoing health conditions. Whether you're caring for yourself or a loved one, 211 can guide you to the right resources.

FOOD AND NUTRITION:

Get information about meal delivery services, food pantries, and nutrition programs. Whether you're a senior, a student, or a busy parent, 211 helps you access healthy food options.

SUPPORT SERVICES:

Access caregiving support, mental health services, and social activities to stay connected. 211 is here for everyone—whether you're seeking help for yourself or supporting someone else.



HOUSING & UTILITY ASSISTANCE:

Discover resources for affordable housing, rent & utility assistance, and home repair programs. Whether you're just starting out, raising a family, or living on your own, 211 connects you to the help you need.

TRANSPORTATION:

Learn about transportation options to help you stay mobile and independent. From young families to seniors, 211 can guide you to transportation services that fit your life.

EMERGENCY PREPAREDNESS:

Get guidance on creating a plan for emergencies, including extreme weather or natural disasters. Whether you're a teenager, a parent, or a retiree, 211 helps you prepare for the unexpected. Navigating life's challenges can be overwhelming, but you don't have to do it alone. 211 is your personal guide, connecting you with the right resources to make life a little easier.



How does it work?

Simply dial 211 from your phone, and you'll be connected with a friendly specialist who will listen to your needs and direct you to the best local resource providers.



Take control of your well-being and independence. Dial 211 today and let us help you live your best life—no matter your age, background, or circumstances.

For more information, visit unitedwaynela.org/211

Alliance of Information & Referral Systems

United Way of Northeast Louisiana 211 received the AIRS - the **Alliance of Information and Referral Systems** accreditation in 2022! The AIRS accreditation is good for 5 years. This is the 4th time United Way NELA 211 has received this accreditation. The AIRS accreditation recognizes United Way NELA 211's commitment to serving as a resource center for individuals, businesses, and nonprofit organizations

nonprofit organizations seeking community information and services through its extensive database.



