



LOVE IN ACTION

February

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"Without community service, we would not have a strong quality of life. It is important to the person who serves as well as the recipient. It's the way in which we ourselves grow and develop."
Dorothy Height

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Give a compliment

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Treat someone to coffee

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Share a favorite recipe

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Check in on someone

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Share encouraging words

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Send a thank you note to law enforcement

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Take lunch/dinner to someone

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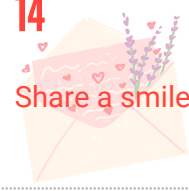
Run an errand for a friend

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Hold the door open for someone

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Share a smile



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Spend time with a senior in our community

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Share a favorite memory

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Check in on a family member

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Share a flower with a friend

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Thank a colleague who has helped you with a task

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Be a good listener for someone in need

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Tell someone you love them

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Thank a veteran for their service

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Share a positive quote

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Donate an item to charity

